

DAILY ROUTINES

Q. What is a typical day for inmates?

- A. Most level 3 and 4 inmates wake up between 6 and 7a.m. Inmates are expected to have their cell clean, and their personal hygiene taken care of. Inmates are given an opportunity for breakfast and then are expected to go to their work or schooling assignment.

Officers count the inmates between 11:00 a.m. and noon, and the inmates are offered lunch. After lunch, inmates are expected to return to their work or schooling assignment. If inmates do not have a work assignment, they will usually stay in their housing unit.

Officers count the inmates again between 4 and 5 p.m. and then the inmates are offered dinner. In the evening, inmates are either locked in their cell based upon their privilege matrix level or permitted opportunity for leisure, recreation or therapy. The latest the inmates are secured in their cells is 10 p.m.

Q. What can inmates do in their free time for leisure activities?

- A. Under specific conditions inmates have access to a variety of leisure time activities such as gymnasium, outdoor recreational yard, library, and rental television.

The Prison's recreation department schedules a variety of recreational games, competitions and tournaments. The recreational department also arranges different hobby craft classes. The Prisons library system is part of the Utah State Library System. Inmates have access to most books that are available to people outside of Prison.

Inmates can lease a portable television from the Prison at nominal cost. These televisions can only be heard on a headset so other inmates are not bothered. Inmates can view movies at specific times and days on their television set.

Q. Where can inmates work?

- A. Inmates can work in their housing unit or facility, outside the perimeter fence or off Prison property depending on their classification level. There are clerical, culinary, grounds, janitorial, laundry, maintenance, manufacturing, and sewing, jobs available.

Q. What therapeutic opportunities are available?

- A. The Prison's programming unit offers many therapeutic opportunities such as Alcoholics Anonymous, Narcotics Anonymous, other substance abuse classes, sex offender therapy, anger management, cognitive reconstructing, art/drawing classes, Bible study, and many other programs. Inmates have the responsibility to participate in therapeutic groups, especially if it is part of their Offender Management Plan. Their participation is considered by the Prison for classification decisions, and by the Board of Pardons and Parole when determining the inmate release date.

Q. What type of religious counseling is available at the Prison?

A. The religious needs of inmates at each facility are addressed through the Volunteer/Chaplain services program. There are full and part-time chaplains who provide ministerial care to the entire Prison community. They encourage inmates to stay in touch with their particular faith by offering pastoral counsel and guidance. Some of the religious groups represented are Episcopal, Presbyterian, Roman Catholic, Southern Baptist, Jewish, Church of Jesus Christ of Latter Day Saints, Jehovah's Witnesses, and Native American. Religious volunteers may serve other groups. Religious and inspirational books are also available to inmates throughout the Prison's library system.

TELEPHONES

Q. How often can an inmate call me?

A. While assigned to the R&O unit an inmate may call once a week either on Saturday or Sunday. After the inmate moves to a different housing unit, it will depend upon the inmate's privilege matrix. In some units an inmate may make a 15-minute call once a day.

Q. Is there a charge for the telephone calls?

A. Yes. Calls made on the inmate housing telephones are collect calls. The charge is placed on your telephone bill. The telephone company regulates this charge. When you answer a telephone call, a recorded message will tell you that the call is coming from the Prison and will ask you if you will accept the charge. The message will explain to you how to accept the charge.

Q. Are the telephone calls monitored?

A. Yes. Calls originating from the Prison are subject to being monitored and recorded. For this reason, inmates are not allowed to have cell phones. When you accept a call, your consent is implied.

Q. How can I get an inmate to call me?

A. The purpose of telephone calls is to supplement written correspondence (writing a letter). The Prison staff does not accept telephone messages for inmates. (In case of emergencies, staff will verify and evaluate the emergency first, before deciding whether to deliver the message.)

Inmates, while on the R&O unit, fill out a telephone request form to have your telephone number approved. The form requests your name, address, telephone number and relationship to the inmate. Your telephone number is cleared through a computer system for the inmate to call you.

Q. Is there a way not to have an inmate call me?

A. You have three options:

1. Have the telephone company put a voluntary block on your telephone line,
2. Notify the Prison contractors that you want your telephone number blocked, or
3. Do not accept the call.